# January 2020

## Newsletter Highlights:

- Monthly Theme
- Upcoming Dates
- SHARE donation
- Motor Development
- "Save a Smile" Charity



Visit our website, Facebook page and

Instagram regularly for news, articles, photos & activities for/about preschoolers.

Feel free to share our articles.

**Icmpreschool.com** 

# Running late or going to be absent?

Please contact us about any school related issues, absences, running late etc. via phone or email. We will get back to you as soon as possible.

604-248-5111





### **January Theme**

This month we will continue to talk about winter, opposites and a new theme on dental hygiene to tie into our visit from Tooth Fairy Cheryl.

With the start of a new year and coming back from our break, we will review basics such as classroom routines, etiquette and housekeeping skills.

We will also talk about and do some activities for the upcoming Chinese New Year.

#### **Share Donation**

Thank you parents for your generous donations towards Jingle Jar purchases. We were able to give SHARE a cheque for \$612

## **Upcoming Dates**

\*\*\*please refer to the monthly calendar for regular events not listed here

Monday, Jan.6—First Day back! - <u>NO SHOW & TELL</u> this month

Tuesday, Jan.28—*Tooth Fairy Cheryl visits*— please have your

donations in BEFORE Jan.22nd (see below for full details)

End of January <u>OR</u> early February —Parent Observations—more info to come

#### Parent's Corner

#### What can I do to improve my child's motor development?

Motor activities help children learn how to use their bodies, gain confidence as they master skills, and prepare them for school. With the advent of hand held devices and the "swipe" motion; we are seeing a decline in fine motor skills in preschoolers. Here are a few suggestions to promote motor skills. The <u>Practical Life</u> activities in Montessori promotes the use of motor skills.

**Playgrounds** offer many fun opportunities for swinging, climbing, walking on different surfaces, running around and just moving around. These activities are important for promoting body awareness, strengthening and overall coordination.

**Arts and crafts** at this age help to promote hand skills, sequencing, problem solving and foster a sense of creativity. Use whatever items you have around the house. Keep in mind that the process and creativity are the most important part of crafts, not what the end product looks like.

**Scribbling** is the first step to writing and it helps the child learn how to hold writing utensils. Provide your child with the opportunity to use crayons even if she child cannot write or color a picture yet.

Playing with play dough or slime helps strengthen the muscles used in fine motor skills.

## "<u>Save a Smile</u>"

We are pleased to announce that Tooth Fairy Cheryl will be visiting our school. Each child will be bringing home a treat bag.

<u>This in class presentation is by donation.</u> We recommend between \$3-\$5 per family. Natasa and I will be matching your donations to give to this worthy charity.

The British Columbia Dental Association's Save a Smile (SAS) program supports BC children in need of urgent dental care. For more details about this local program go to: https://support.ubc.ca/projects/bcda-save-a-smile-public-outreach-program/